



FEBRUARY 11, 2024
SIXTH SUNDAY IN ORDINARY TIME

ST. LAURENCE ROMAN CATHOLIC CHURCH

WWW.SAINTLAURENCEDELCO.ORG
8245 WEST CHESTER PIKE, UPPER DARBY, PA 19082



MASS SCHEDULE/ HORARIO DE MISAS

Monday – Saturday

8:30AM

Saturday Vigil

4:30PM

Sunday

7:30AM, 10:45AM, 12:15PM

Domingo

8:30AM en Español

St. Alice

Sunday 10:30AM in Vietnamese

DEVOTIONS/CONFESSION

Adoration of the Most Blessed
Sacrament

Saturday 3:15-4:15PM

Wednesdays 9:30AM - 7:00PM

Confessions

Saturday 3:15-4:15PM

Rosary

Daily at 8AM and Monday at 7PM

Divine Mercy Chaplet

After daily Mass

Miraculous Medal Novena

Saturday after 8:30AM Mass

PARISH CONTACT INFORMATION

Parish Office & Mailing Address: 30 St. Laurence Road
Upper Darby, PA 19082

Phone: 610-449-0600 FAX: 610-449-4299

Office Hours: Mon., Wed., Thur. 9-7; Tues. and Fri. 9-5

Horas de Oficina: Lunes, Mier., Jueves 11-7; Martes 9-5

Pastor: Rev. Thomas Whittingham, x. 221

Email: frtom@saintlaurencedelco.org

Parochial Vicar: Rev. Anthony Albanese

Email: franthony@saintlaurencedelco.org

In Residence: Rev. Anthony Raymundo

Permanent Deacons: Dcn. Samuel Ortiz & Dcn. Mark Wallace

SCHOOL CONTACT INFORMATION

School Office & Mailing Address: 8245 West Chester Pike
Upper Darby, PA 19082

Phone: 610-789-2670 FAX: 484-452-6271

Principal: Sr. Regina Matulka, IHM

Website: www.saintlaurence.org

SACRAMENTS/SACRAMENTOS

Arrangements for Baptism, Matrimony, Anointing of the Sick,
Reception of Holy Communion at home, and appointments for
Confession may be made at our parish office or visit our website.

Los arreglos para el Bautismo, el Matrimonio, la Unción de los
Enfermos, la recepción de la Sagrada Comunión en el hogar y
las citas para la Confesión se pueden hacer en nuestra oficina
parroquial o visite nuestro sitio web.

www.saintlaurencedelco.org

WEEKLY MEETINGS/ REUNIONES SEMANALES

ST. LAURENCE MEN'S GROUP

Mondays at 7:00PM, Main school entrance

VIRTUAL ROSARY

Mondays at 7:00PM, On computer, tablet, or smartphone go to: <https://meet.goto.com/681543997>
Password: 5432 By Phone: 1(872)240-3212,
Access Code: 681-543-997# Audio PIN: 25#

PRAISE & WORSHIP PRAYER GROUP

Tuesdays at 2:00PM, St. Laurence Rectory

PRE-JORDAN BAPTISMAL CLASSES

Second Monday of the month at 7:00PM, Rectory

NEEDLECRAFTERS

Fridays 1:30 - 3:30PM, St. Michael Room in the rectory

ROSARIO Y CLASE BÍBLICA

Miércoles, 7:00 - 9:00 PM, Iglesia

CLASES PRE-BAUTISMALES

Tercer jueves de cada mes, 6:30PM, Rectoría

PRAYER REQUESTS

PRAY FOR THE SICK

Please pray for Stephen Taggart, Francis Pirrotta, Juliet Mannello, and Renate Meeley. Also pray for all those suffering from serious illnesses, incurable diseases, and substance abuse.

PLEASE PRAY FOR THE REPOSE OF THE SOULS of the faithfully departed:

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. Through the mercy of God, may they rest in peace. Amen.

DONATIONS

BLESSED MOTHER'S SIDE SANCTUARY LAMP

Martin & Mary Stanton by the Family

ST. JOSEPH'S SIDE SANCTUARY LAMP

Parishioners of St. Laurence Parish

ALTAR BREAD AND WINE

Parishioners of St. Laurence Parish

ADORATION EVERY WEDNESDAY



Remember that we have Exposition of the Blessed Sacrament on Wednesdays 9:00AM to 7:00PM. Come experience the peace that only God can give!

MINISTRIES/MINISTERIOS

Altar Servers: Father Anthony, 610-449-0600 ext. 213 or franthony@saintlaurencedelco.org

Cantors: Margie Kane, Music Director, 610-446-4072 or cantormargiek@gmail.com

Extraordinary Ministers of Holy Communion & Lectors: Maureen Carey, mecarey52@yahoo.com

Ministry of Hospitality (Ushers): Father Tom 610-449-0600 ext. 221 or frtom@saintlaurencedelco.org

Sanctuary Society & Social Committee: Cathleen Albertus, 610-789-8792 or walber33@verizon.net

Church Environment Coordinator: Diane McPartland 610-316-7046 or mcpartland@comcast.net

R.C.I.A. (Rite of Christian Initiation of Adults),

Parish Religious Education Program (PREP):

Sr. Kathy Benham, IHM, Director of Religious Education religioused@saintlaurencedelco.org or 610-449-0600 ext. 215

Pre-Jordan (Baptism Prep) Catechesis:

Deacon Mark Wallace, 610-449-0600

Liturgy Committee: Father Tom, 610-449-0600 ext. 221 or frtom@saintlaurencedelco.org

Finance Council: Joan Mazur, 484-433-0022

Pastoral Council: Harry Dietzler, 484-557-0201

Men's Group: Harry Dietzler, 484-557-0201

Prayer Group: Terri Howell, 484-454-5655 or howellterri457@gmail.com

Pro-Life Ministry: Joan Mazur, prolife@saintlaurencedelco.org

Knights of Columbus: Tom DeFrusco, tommyd55@comcast.net

St. Vincent de Paul: Bob Gwin, 610-449-0600, ext. 217

Ministerio Hispano/Hispanic Ministry: 215-603-2669

Director of Hispanic Social Outreach: 610-306-7370

Hna. Dominica Lo Bianco, OSF

Laurentian Senior Group 55+: Dottie Tillger, 610-945-5064

PARISH STAFF

Director of Parish Operations: Henry Aquino, 610-449-0600, ext. 227 or henry@saintlaurencedelco.org

Parish Secretary: Claudia Jiménez, 610-449-0600 ext. 212 or claudia@saintlaurencedelco.org

Hospitality Minister & Safe Environment

Coordinator: Meg Orr, 610-449-0600, ext. 210 or mego@saintlaurencedelco.org

Welcoming & Hospitality Minister: Mia Cardenas, 610-449-0600, ext. 216 or mia@saintlaurencedelco.org

MASS INTENTIONS

SUNDAY, FEBRUARY 11

SIXTH SUNDAY IN ORDINARY TIME

- 7:30AM Pro Populo
- 8:30AM Misa Comunitaria
- 10:45AM Yen Van Nguyen
- 12:15PM Vincenza Scorsone

MONDAY, FEBRUARY 12

- 8:30AM Henry Varecha

TUESDAY, FEBRUARY 13

- 8:30AM Christopher McHale (2nd Anniversary)

WEDNESDAY, FEBRUARY 14

ASH WEDNESDAY

- 6:30AM Margaret Molling (L)
- 8:30AM Pro Populo
- 12:00PM Prayer Service (English)
- 4:00PM Prayer Service (English)
- 7:00PM Misa Comunitaria

THURSDAY, FEBRUARY 15

- 8:30AM Sadie Curran

FRIDAY, FEBRUARY 16

- 8:30AM Corinne & William Bowen & Family (L)

SATURDAY, FEBRUARY 17

- 8:30AM Fr. Tom Whittingham
- 4:30PM Alice Marie & Michael J. McNicholas,
Sr. & Brendan J. McNicholas
- 7:00PM Misa Comunitaria

SUNDAY, FEBRUARY 18

FIRST SUNDAY IN LENT

- 7:30AM Archbishop Nelson J. Pérez (L)
- 8:30AM Misa Comunitaria
- 10:45AM Pro Populo
- 12:15PM Danielle Buchanan

(L) denotes living

ST. LAURENCE PARISH



*Ash
Wednesday*

February 14, 2024

- 6:30AM - English Mass
- 8:30AM - English Mass
- 12:00PM - Prayer Service (Eng.)
- 4:00PM - Prayer Service (Eng.)
- 7:00PM - Spanish Mass

PARISH NEWS

Honor the Lord with your wealth and with the first fruits of all your produce.

Proverbs 3:9

COLLECTION	FEB. 4
Weekly Offertory	\$ 9,026
On-Line Giving	\$ 751
Capital Campaign	\$ 5,638
Catholic Schools	\$ 67
Aging Priests	\$ 1,863

PENNSYLVANIANS FOR HUMAN LIFE

CELEBRATE LIFE BANQUET

Sunday, February 25

Reception 4:00PM Dinner 5:00PM

Springfield Country Club

400 West Sproul Road (Route 320), Springfield, PA

Special Guest: Teresa Tomeo, Talk Show Host

\$90.00/adult or \$800.00/table of ten

\$50.00/student or \$400.00/table of ten

Make your check out to "PHL Ed. Fund" & send to:

Pennsylvanians for Human Life

590 Snyder Ave., Suite 201,

West Chester, PA 19382

If you would like to sit at the St. Laurence table, please write "St. Laurence Table" on your check. Call Joan at 484-433-0022 if you have questions.

KNIGHTS OF COLUMBUS LENTEN CRAB CAKE SALE

2024 featured items:

Crab cakes 4, 6 or 12 packs:

\$26, \$39, \$75

Crab or Lobster ravioli: \$15

Crab soup: \$12/qt.

Crab marinara gravy: \$13/qt. Crab balls (50): \$15

Because this is a high demand time of year, **only pre-paid orders** can be accepted.

We are selling orders at Masses **now through March 3**. Pickup will be the weekend of March 9-10 in the cafeteria after all Masses.

Cash or check at time of order made out to:

Knights of Columbus Trinity Council #3132

Mail checks & order form to

KOC #3132, 2 N. Carol Blvd, Upper Darby, PA 19082

Order forms are available at the church doors.



ANUNCIOS



PARA DESTACAR EN LA ESCUELA SAN LORENZO Hna. Regina Matulka

Al recordar la Semana de las Escuelas Católicas, los estudiantes dijeron que fue la mejor semana de su historia. Aprendieron sobre carreras y vocaciones, celebraron la lectura con nuestra colección de libros en la feria del libro, honraron a nuestros abuelos y personas especiales con una mañana de abrazos, fotografías y golosinas. Lo más importante es que nos reunimos para una hermosa liturgia y procesión de la Candelaria. De cara al futuro, comenzaremos la Cuaresma como comunidad el Miércoles de Ceniza. Nuestros candidatos se están preparando para recibir el sacramento de la Confirmación el 24 de febrero. El Espíritu Santo estará con nuestra parroquia de manera especial ese día. También tendremos una noche para cenar en Picas el 21 de febrero. Lleve a su familia a cenar y apoye a nuestra escuela. La facultad y el personal están trabajando diligentemente para nuestra visita a Middle States. Ore por nosotros en este mes tan ocupado y sepa que toda la comunidad está en nuestras oraciones. Disfruten de este hermoso clima que Dios nos está regalando.

Ten una buena semana.

VENTA DE CUARESMA DE CABALLEROS DE COLÓN

Artículos destacados de 2024:

Crab cakes: paquetes de 4, 6 o 12 : \$26, \$39, \$75

Raviolis de cangrejo o langosta: \$15

Sopa de cangrejo: \$12/qt.

Salsa marinara de cangrejo: \$13/qt.

Crab balls (50): \$15

Debido a que esta es una época del año de gran demanda, solo se pueden aceptar pedidos pagados por adelantado. Estamos vendiendo pedidos en las Misas hasta el 3 de marzo. La recogida será el fin de semana del 9 al 10 de marzo en la cafetería después de todas las Misas.

Efectivo o cheque al momento del pedido a nombre de:

Consejo Trinidad de Caballeros de Colón #3132

Envíe los cheques y el formulario de pedido a

KOC # 3132, 2 N. Carol Blvd, Upper Darby, PA 19082

Los formularios de pedido están disponibles en las puertas de la iglesia.

PARROQUIA SAN LORENZO

Miércoles
de ceniza

14 de febrero de 2024

6:30AM - Misa en inglés

8:30AM - Misa en inglés

12:00PM - Servicio de

Oración en inglés

4:00PM - Servicio de

Oración en inglés

7:00PM - Misa en español



**CABALLEROS DE COLÓN
BOLETOS PARA LA RECAUDACIÓN
DE FONDOS DE LOS NÚMEROS DE
LA SUERTE 2024**

- **Hace un gran regalo**
- **DIBUJOS DIARIOS**
- **Para entrar, tomar un formulario de la mesa a las puertas de la Iglesia.**

¡ATENCIÓN! ESTAFA DE TARJETAS DE REGALO

Un impostor envía mensajes de texto o correos electrónicos solicitando tarjetas de regalo y pretendiendo ser yo. Estos mensajes no son míos. Nunca me comunicaré directamente con un feligrés para solicitarle dinero en efectivo o tarjetas de regalo. Los mensajes solicitando ayuda para satisfacer una necesidad llegan a través de los canales de comunicación oficiales de la parroquia/diócesis. Por favor, informe estos mensajes de texto/correos electrónicos como phishing/spam. ¡Gracias!



~ Padre Tom

FROM OUR PASTOR

WAYS TO GROW CLOSER TO OUR LORD DURING LENT



With Lent quickly approaching, I'm asking you to join me in choosing the best sacrifices we can each make during Lent and offer them for the spiritual growth of our parish.

Consider choosing a sacrifice in each of the 3 main areas the Church focuses on during Lent: prayer, fasting, and almsgiving. Here are some suggestions to help each of us discern our path for this coming Lent. Additional details are available at: <https://www.usccb.org/prayer-worship/liturgical-year/len>.

For prayer – first ensure that you're making the basics part of your regular life as a Catholic. If you're not yet faithfully attending Mass every Sunday and on holy days of obligation, start there. Next ensure that you're spending a little time in prayer every single day. Once you have those basics down, here are some ideas to consider growing in the practice of prayer:

- add one or more daily Masses during the week
- pray a daily rosary
- Stations of the Cross are a great traditional Lenten devotion to take up
- Spend 20-30 minutes or more in prayer on Wednesdays during Adoration of the Most Blessed Sacrament in our church
- For the tech-savvy – consider using Ascension, Hallow, Amen, or another similar app on your phone or tablet to connect online with others for a Lenten devotion.

In the realm of fasting remember first the mandatory days of fasting (Good Friday, Ash Wednesday) as well as the additional days of abstaining from meat (the remaining Fridays in Lent). More details on the required fasts and the origin of penitential practices are available at the link above (or here: <https://www.usccb.org/prayer-and-worship/liturgical-year-and-calendar/len/catholic-information-on-lenten-fast-and-abstinence>). Once those required practices are part of your life here are some ideas for additional "fasts."

- Fast from entertainment for Lent – no movies or TV, no radio/music, no screens at all. This could possibly take the form of "no tv or tech entertainment until I have read a good book for 30 minutes" or some other modified form.
- Fast from some food or drink for Lent: alcohol, dessert, coffee or soda, or some other indulgence
- For a more intense fast consider eliminating one meal a day and replacing it with just bread and water – or possibly having only bread and water for one day each week.

For almsgiving to support the poor, remember that we all have the obligation to provide for the material needs of our church and to help the poor. Here are some specific ways to make that part of your Lent:

- Choose others instead of yourself – take the money you would have spent on something for yourself and donate it instead. This could be skipping a purchased coffee or a meal and replacing it with something you prepare yourself at home.
- Remember the poor boxes at each entrance to St. Laurence are dedicated year-round to the St. Vincent de Paul Society to help local people in need. During Lent the additional collection taken up at daily Mass is primarily dedicated to this also.
- Consider if you could directly help your own neighbors or relatives. All donations or almsgiving doesn't have to be done through non-profits. Sometimes there are individuals in our life that we can assist with our own time and resources directly.

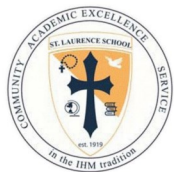
As with all disciplines in spiritual life there are at least three guiding principles to remember.

- First – consider the motivation of our practices. We should want to grow in holiness first and foremost. The purpose of our fasting isn't to prepare for spring break trips or to look better for a summer wedding. Our intention matters here.
- Second – consider speaking with a trusted spiritual advisor to gauge your disciplines. Most of us are too harsh or too lenient with ourselves. A good spiritual advisor or trusted friend can give us perspective to evaluate our choices so that we don't emphasize our own efforts (thus possibly leading to pride) rather than emphasizing growing closer to God.
- Third – faithfulness matters a lot. It is almost always more fruitful to faithfully undertake something small and incremental as opposed to attempting a tremendous sacrifice or fast which we only fulfill occasionally.

May this Lent be full of blessings and grace for all of us and for our parish as together we seek to pray, to fast, and to give alms for our individual holiness and the sanctity of our parish family.

~ Father Tom

ANNOUNCEMENTS



SPOTLIGHT ON ST. LAURENCE SCHOOL Sr. Regina Matulka

Looking back on Catholic Schools Week, students said it was the best week ever. They learned about careers and vocations, celebrated reading with our collection of books at the book fair, honored our grandparents and special people with a morning of hugs, pictures, and treats. Most importantly, we gathered for a beautiful liturgy and procession for Candlemas. Looking ahead, we will be beginning Lent as a community on Ash Wednesday. Our candidates are preparing to receive the sacrament of Confirmation on February 24. The Holy Spirit will be with our parish in a special way that day. We are also having a dine-out night at Picas on February 21. Take your family to dinner and support our school. The faculty and staff are working diligently for our Middle States visit. Please pray for us in this very busy month and know that the entire parish community is in our prayers. Enjoy this beautiful weather God is giving us. Have a good week.

MEN'S SPIRITUALITY CONFERENCE: FROM DEATH INTO LIFE Saturday, March 2

The men of our parish are invited to join Catholic men from the Archdiocese for the Annual Man Up Philly Men's Conference at Cardinal O'Hara HS. Speakers include Phillies Hall of Famer, Mike Schmidt; acclaimed author of Back to Life, Danny Bader; That Man is You VP, Mark Hartfiel; and Coordinator of Young Life, Deacon Nathan Gunn. Mark Forrest, internationally recognized Irish tenor will lead our Eucharistic Adoration. The Sacrament of Reconciliation will be available, and the Conference will conclude with Mass celebrated by Most Reverend Archbishop Nelson Pérez.

To register: www.manupphilly.com

RACHEL'S VINEYARD: A PLACE TO HEAL FROM ABORTION

March 8 – 10, 2024 IHM Spirituality Center
210 IHM Drive Malvern, PA 19355

If you or someone you love has been suffering from the emotional and spiritual pains of an abortion, please know that a Rachel's Vineyard retreat weekend will help your soul transform that pain into a hope for the future. Rachel's Vineyard retreats bring healing and God's forgiveness to the trauma and darkness of abortion. Join us for a safe, loving, and confidential weekend to experience the healing power of God's infinite mercy. Contact our team to register or for questions:

Susan: 610-716-4795 Georgeann: 484-955-4278

ATTENTION! GIFT CARD SCAM

An imposter is sending texts/emails requesting gift cards and pretending to be me. These messages are not from me. I will never contact a parishioner directly requesting cash or gift cards. Messages requesting help to fulfill a need come through the parish's/diocese's official communication channels. Please report these texts/emails as phishing/spam. Thank you!

~Father Tom



save these dates!



SERVICE OPPORTUNITY

- FEB 10 - DON GUANELLA, SPRINGFIELD



SUNDAY DINNER WITH JESUS

- FEB 18 - ST. BERNADETTE, DREXEL HILL
"STRENGTHENING YOUR RELATIONSHIP WITH JESUS THROUGH PRAYER"
- MARCH 17 - ANNUNCIATION, HAVERTOWN

"ARISE" - YOUTH EVENT

STAY TUNED FOR A DATE!



VISIT OUR WEBSITE FOR ALL THE DETAILS AND TO JOIN US IN SERVICE:
[HTTPS://SITES.GOOGLE.COM/VIEW/DELCO-YOUNG-DISCIPLINES/HOME](https://sites.google.com/view/delco-young-disciples/home)