



JULY 20, 2025
SIXTEENTH SUNDAY IN ORDINARY TIME

ST. LAURENCE ROMAN CATHOLIC CHURCH

WWW.SAINTLAURENCEDELCO.ORG

8245 WEST CHESTER PIKE, UPPER DARBY, PA 19082



MASS SCHEDULE/ HORARIO DE MISAS

Monday – Saturday
8:30AM

Wednesday/Miércoles

6:30PM en Español

Saturday Vigil/Vigilia del sábado
4:30PM

7:00PM en Español

Sunday

7:30AM, 10:45AM, 12:15PM

Domingo

8:30AM en Español

St. Alice

Sunday 10:30AM in Vietnamese

DEVOTIONS/CONFESSION

Adoration of the Most Blessed
Sacrament/Adoración del Santísimo
Sacramento

Saturday 5:30PM-6:50PM

Wednesdays 9:30AM – 6:15PM

Confessions/Confesiones

Saturday 5:30PM-6:50PM

Rosary

Daily at 8AM and Monday at 7PM

Divine Mercy Chaplet

After daily Mass

Miraculous Medal Novena

Saturday after 8:30AM Mass

OUR SACRED PURPOSE

The purpose of St. Laurence parish is to be a home where everyone knows the loving embrace of God their Father.

We use our cultural diversity and our faith in God's providence to motivate and form each other to be Missionary Disciples sent by the Holy Spirit to love and serve one another.

PARISH CONTACT INFORMATION

Parish Office Address:

30 St. Laurence Road
Upper Darby, PA 19082

FAX: 610-449-4299

Phone: 610-449-0600

Parish email:

office@saintlaurencedelco.org

Hours: Monday-Thursday 9-7; Friday 9-12; Sunday 9-noon

Horas: de lunes a jueves 9-7; domingo 9-12

Pastor:

Rev. Thomas Whittingham, x. 221

Email:

frtom@saintlaurencedelco.org

Parochial Vicar:

Rev. Anthony Albanese

Email:

franthony@saintlaurencedelco.org

Permanent Deacons: Dcn. Samuel Ortiz & Dcn. Mark Wallace

SCHOOL CONTACT INFORMATION

School Office & Mailing Address:

8245 West Chester Pike
Upper Darby, PA 19082

FAX: 484-452-6271

Phone: 610-789-2670

Principal:

Sr. Carolyn Elizabeth Braun, IHM

Website:

www.saintlaurence.org

PARISH STAFF

Director of Parish Operations: Henry Aquino,
610-449-0600, ext. 227 or
henry@saintlaurencedelco.org

Parish Secretary: Claudia Jiménez, 610-449-0600
ext. 212 or claudia@saintlaurencedelco.org

Hospitality Minister & Safe Environment

Coordinator: Meg Orr, 610-449-0600, ext. 210 or
mego@saintlaurencedelco.org

Hospitality Minister: Jennifer Jaigua, 610-449-0600,
ext. 210 or jennifer@saintlaurencedelco.org

MINISTRIES/MINISTERIOS

Altar Servers: Father Anthony, 610-449-0600 ext. 213 or
franthony@saintlaurencedelco.org

Cantors: Margie Kane, Music Director, 610-446-4072 or
cantormargiek@gmail.com

Extraordinary Ministers of Holy Communion & Lectors:
Maureen Carey, 610-608-8158,
mecarey52@yahoo.com

Ministry of Hospitality (Ushers): Father Tom
610-449-0600 ext. 221 or frtom@saintlaurencedelco.org

Sanctuary Society & Social Committee: Cathleen Albertus,
610-789-8792 or walber33@verizon.net

Church Environment Coordinator: Diane McPartland
610-316-7046 or mcpartland@comcast.net

R.C.I.A. (Rite of Christian Initiation of Adults),

Parish Religious Education Program (PREP): Mia Cardenas,
religioused@saintlaurencedelco.org,
610-449-0600, ext. 215

Pre-Jordan (Baptism Prep) Catechesis:

Deacon Mark Wallace, 610-449-0600

Liturgy Committee: Father Tom, 610-449-0600 ext. 221 or
frtom@saintlaurencedelco.org

Finance Council: Joan Mazur, 484-433-0022

Men's Group: Harry Dietzler, 484-557-0201

Prayer Group: Terri Howell, 484-454-5655 or
howellterri457@gmail.com

Pro-Life Ministry: Joan Mazur, prolife@saintlaurencedelco.org

Knights of Columbus: Tom DeFrusco, tommyd55@comcast.net

St. Vincent de Paul: Bob Gwin, 610-449-0600, ext. 217

Ministerio Hispano/Hispanic Ministry: 215-603-2669

Laurentian Senior Group 55+: Dottie Tillger, 610-945-5064

SACRAMENTS/SACRAMENTOS

Arrangements for Baptism, Matrimony, Anointing of the Sick, Reception of Holy Communion at home, and appointments for Confession may be made at our parish office or visit our website. Pre-Jordan Baptismal Classes call Claudia Jiménez at the rectory, 610-449-0600 ext. 212 or email her at claudia@saintlaurencedelco.org

Los arreglos para el Bautismo, el Matrimonio, la Unción de los Enfermos, la recepción de la Sagrada Comunión en el hogar y las citas para la Confesión puede llamar a Claudia Jiménez, 610-449-0600 ext. 212 o envíe un correo electrónico a

claudia@saintlaurencedelco.org

WEEKLY MEETINGS/ REUNIONES SEMANALES



VIRTUAL ROSARY Mondays at 7:00PM
Online: meet.goto.com/681543997
Password: 5432 By Phone: 872-240-3212,
Access Code: 681-543-997# Audio PIN: 25#



ST. LAURENCE ADULT CHOIR
Choir rehearsals are paused for the summer and will restart Thursday, September 11th at 7:00 PM



NEEDLECRAFTERS
During summer, meetings will start at Fridays 11:30AM, St. Michael Room in the rectory

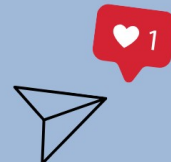


ROSARIO Y CLASE BÍBLICA
Miércoles, después de la misa de las 6:30PM, Iglesia



WEDNESDAY ADORATION is offered each Wednesday, 9:00AM to 6:15PM, when adoration ends with a simple benediction before 6:30PM Mass in Spanish.

@FatherTomW
@saintlaurencedelco



seek
TRUTH

MASS INTENTIONS

SUNDAY, JULY 20

SIXTEENTH SUNDAY IN ORDINARY TIME

7:30AM	Pro Populo
8:30AM	Misa Comunitaria
10:45AM	Florence Keough
12:15PM	Thomas Anthony Pace

MONDAY, JULY 21

8:30AM	Rachelamma John
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TUESDAY, JULY 22

8:30AM	Boyle Family
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WEDNESDAY, JULY 23

8:30AM	Cawley Family
6:30PM	Misa Comunitaria

THURSDAY, JULY 24

8:30AM	William Fitzpatrick
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FRIDAY, JULY 25

8:30AM	Dillon Hughes
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SATURDAY, JULY 26

8:30AM	Mario Dias (L)
4:30PM	Deceased members of the McGee & Curran Families
7:00PM	Misa Comunitaria

SUNDAY, JULY 27

SEVENTEENTH SUNDAY IN ORDINARY TIME

7:30AM	Special Intention
8:30AM	Misa Comunitaria
10:45AM	Mary Danh Kim Pham
12:15PM	Pro Populo

PRAYER REQUESTS

PRAYER FOR THE REPOSE OF THE SOULS

of all the faithful departed.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. Through the mercy of God, may they rest in peace. Amen.

PLEASE PRAY FOR THE SICK:

Rosa Pristini, Maureen Castillo, Helen Concannon, Bob Ganter, Dora Scogna, Jonathan Aquino, Charles Hellwarth, Barbara Mayo, Digna Comonfort, Chris McKeon, Carole Nugent, Jacqueline Walters, Lisa Lassiter, and all those listed in the Book of the Sick.

SUMMER PARISH OFFICE HOURS On Fridays during the summer, our office will close at noon. We will return to regular hours on September 5. Thank you!

DONATIONS

WE GIVE *because* GOD GAVE FIRST

For where your treasure is, there your heart will be also. — Matthew 6:21

July 6

Offertory	\$ 7,518
Online	\$ 965
St. Laurence Forever	\$ 5,027

BLESSED MOTHER SIDE SANCTUARY LAMP

+Theresa Crowne by Denise Pierce

ST. JOSEPH SIDE SANCTUARY LAMP

+Thomas Anthony Pace, Loving Husband & Father

HAVE YOU SIGNED UP FOR ONLINE GIVING YET?

- Secure and Confidential
- Flexible — Start, stop, or change anytime
- Convenient way to support St. Laurence during travels
- SIMPLE TO SIGN UP: Use the link or the QR code



www.saintlaurencedelco.org/giving

ELDERCARE

EBT Scam

SNAP beneficiaries may receive a phone call directing the user to call a number to verify their identity or their benefits could be cancelled. DHS will never call or text an individual to request personal information. Benefit recipients are encouraged to lock their EBT cards when they are not in use to protect their benefits from theft and skimming. Scam phone numbers include: 888-273-6954; 844-239-5136, and 888-592-8936.

Report suspicious calls or texts to DHS fraud tip line at 844-DHS-TIPS.

Smokefree Program

Main Line Health will offer free six-session programs to assist tobacco users and nicotine vapers to quit. Sessions include stress management, coping strategies, and relapse prevention information. Participants may be eligible to receive free Nicotine Replacement Therapy. Zoom sessions start on 7/22, 7/30, and 8/12.

Call 484-227-3733 to register.

Jennifer Rose, 610-449-0600, ext. 234
jrose@chs-adphila.org

ANUNCIOS

RECEPCIONES DE DESPEDIDA PARA NUESTRAS HERMANAS IHM

Las recepciones de despedida para tres de nuestras hermanas IHM ocurrirán después de todas las masas el fin de semana del 26 al 27 de julio. Los feligreses están invitados a expresar su agradecimiento a: Hna. Regina Matulka, IHM, directora de la escuela St. Laurence por sus cuatro años de dedicación a nuestros estudiantes, familias y comunidad parroquial, mientras se va para Perú para continuar su ministerio en educación.

Sr. Rose Mary Walsh, IHM ha sido nuestro convento parroquial superior durante los últimos tres años. Sr. Babara Koehler, IHM está concluyendo 13 años preparando liturgias escolares, liderando música y preparando a los estudiantes para sus sacramentos y la entrada a la fe católica.

Se ofrecerán refrigerios en el vestíbulo después de la misa de las 4:30PM el sábado 26 de julio. Café, bebidas frías, comida ligera y pasteles se ofrecerán en el salón de la parroquia después de todas las masas dominicales el 27 de julio. Vamos a mostrarles cuán profundamente agradecidos estamos por su fiel testimonio y servicio aquí en St. Laurence. Que Dios los bendiga siempre.



GRACIAS A LOS CABALLEROS DE COLÓN

La Parroquia de San Lorenzo agradece efusivamente a los Caballeros de Colón, quienes donaron \$500 a nuestra parroquia de su reciente rifa de boletos de fútbol. ¡Estamos muy agradecidos por su generosidad con la familia parroquial!

LA SOCIEDAD DE SAN VICENTE DE PAÚL LES AGRADECE

Nuestra parroquia donó con sacrificio \$1553 a la colecta especial de San Vicente de Paúl de junio. Estos fondos ayudarán directamente a nuestros vecinos que necesitan ayuda con sus necesidades básicas. ¡Gracias por su generosidad con sus hermanos y hermanas en Cristo!

INSCRIPCIÓN PARA EL FÚTBOL AMERICANO CYO

Nos complace anunciar que la inscripción para el equipo de fútbol americano juvenil y universitario de St. Denis CYO está ABIERTA hasta el 31 de julio. TODOS LOS JUGADORES deben ser estudiantes de 5º a 8º grado que reciban educación religiosa católica a través de una escuela parroquial, una escuela privada o asistiendo a la educación religiosa/preparatoria parroquial en San Denis, Annunciation BVM, Saints Colman John Neumann (SCJN), San Lorenzo o Our Mother of Good Counsel (OMGC).

Regístrese **Antes del 31 de Julio** a través de la pestaña de INSCRIPCIÓN en nuestro sitio web: www.stdeniscyo.org

Cada año, la apelación de organizaciones benéficas católicas de la Arquidiócesis de Filadelfia trae esperanza y recursos vitales a miles de personas necesitadas, y la parroquia de San Lorenzo se enorgullece de continuar como uno de sus beneficiarios designados.

Te invito a considerar en oración hacer un regalo para la apelación de este año. Tu generosidad con nuestra parroquia ya es una verdadera bendición, ¡gracias! Esta es una oportunidad especial para extender esa generosidad al apoyar el alcance de la iglesia a los pobres y vulnerables en todo el área de Filadelfia. Dar hoy en: www.catholiccharitiesappeal.org/donate Gracias por ser parte de este importante trabajo de misericordia, y por apoyar tanto a nuestra iglesia en general como a nuestra propia comunidad de San Lorenzo.

Tuyo en Cristo, *Padre Tom*

RINCÓN DE CATECISMO

2668 La invocación del Santo Nombre de Jesús es la forma más simple de orar siempre. Cuando el Santo Nombre se repite a menudo por un corazón humildemente atento, la oración no se pierde al acumular frases vacías, sino que se mantiene rápido a la Palabra y "trae fruto de paciencia". Esta oración es posible "en todo momento" porque no es una ocupación entre otros, sino la única ocupación: la de amar a Dios, que anima y transfigura cada acción en Cristo Jesús.

FROM OUR PASTOR



Dear friends in Christ, A good book can nourish both heart and mind, and summer often offers us the breathing space to read more deeply, reflect more fully, and rest more freely in the Lord.

Below are two lists—one for leisurely summer reading that uplifts through beauty and imagination, and one for spiritual reading that draws the soul closer to God.

LEISURELY SUMMER READING (FAITH-INFUSED AND THOUGHT-PROVOKING FICTION)

Each of these honors the Catholic imagination, moral drama, or spiritual themes you already appreciate.

1. **The Lord of the Rings Trilogy by J.R.R. Tolkien**

A rich Catholic vision underlies this epic tale of courage, sacrifice, and hope.

2. **The Chronicles of Narnia by C.S. Lewis**

Imaginative and profound, these stories enchant children and adults alike.

3. **Brideshead Revisited by Evelyn Waugh**

A beautiful, melancholic tale of grace, memory, and redemption.

4. **The Power and the Glory by Graham Greene**

A complex story of sin and sanctity in a time of persecution.

5. **Death Comes for the Archbishop by Willa Cather**

A quiet meditation on faith, mission, and the American Southwest.

6. **In This House of Brede by Rumer Godden**

A moving story of a woman's entry into monastic life and the challenges of true vocation.

7. **Kristin Lavransdatter by Sigrid Undset**

A sweeping, medieval Norwegian trilogy steeped in Catholic sensibility and human drama.

8. **The Edge of Sadness by Edwin O'Connor**

A Pulitzer Prize-winning novel about a priest's personal and pastoral struggles.

9. **Silence by Shūsaku Endō**

A haunting, powerful exploration of faith, martyrdom, and the silence of God.

10. **Till We Have Faces by C.S. Lewis**

A myth retold with deep spiritual symbolism—arguably Lewis's most mature work.

SPIRITUAL READING (FOR PRAYER, REFLECTION, AND GROWTH IN GRACE)

Rooted in your appreciation for writers like Lewis, Houselander, and St. John Paul II.

1. **The Great Divorce by C.S. Lewis**

A vivid allegory of the soul's journey toward God—or away.

2. **The Reed of God by Caryl Houselander**

Gentle, profound reflections on Mary and the spiritual life.

3. **Gift and Mystery by St. John Paul II**

A personal, poetic reflection on priesthood and vocation.

4. **He Leadeth Me by Fr. Walter J. Ciszek, S.J.**

A stunning testimony of faith and surrender in Soviet prison camps.

5. **The Way of a Pilgrim (Anonymous)**

A classic Russian spiritual work on prayer of the heart and the Jesus Prayer.

6. **Time for God by Fr. Jacques Philippe**

A practical and profound guide to personal prayer.

7. **Interior Castle by St. Teresa of Ávila**

A masterful spiritual map of the soul's journey into union with God.

8. **Mere Christianity by C.S. Lewis**

Always worth revisiting—clear, charitable, and convincing.

9. **The Return of the Prodigal Son by Henri Nouwen**

A contemplative journey through the parable, inspired by Rembrandt's painting.

10. **The Everlasting Man by G.K. Chesterton**

A bold and brilliant defense of the Christian vision of history and humanity.

May these books be companions for your summer—both on beach chairs and in prayer chairs! And may they lead you deeper into wonder, beauty, and communion with Christ.

In Christ's peace,
Father Tom

ANNOUNCEMENTS

FAREWELL RECEPTIONS FOR OUR IHM SISTERS

Farewell receptions for three of our IHM Sisters will happen after all the Masses on the weekend of July 26-27. Parishioners are invited to express their thanks to:

Sr. Regina Matulka, IHM, Principal of St. Laurence School for her four years of dedication to our students, families, and parish community, as she departs for Peru to continue her ministry in education.

Sr. Rose Mary Walsh, IHM has been our parish convent superior for the past three years.

Sr. Babara Koehler, IHM is concluding 13 years preparing school liturgies, leading music, and preparing students for their sacraments and entrance into the Catholic faith.

Refreshments will be offered in the vestibule after the 4:30PM Mass on Saturday, July 26. Coffee, cold beverages, light food, and cakes will be offered in the Parish Hall after all the Sunday Masses on July 27. Let's show them how deeply grateful we are for their faithful witness and service here at St. Laurence.

May God bless them always.



ST. VINCENT de PAUL SOCIETY THANKS YOU

Our parish sacrificially donated \$1553 to June's St. Vincent de Paul special collection. These funds will directly assist our neighbors who are in need of help with daily essentials. Thank you for your goodness to your brothers and sisters in Christ!

THANKS TO KNIGHTS OF COLUMBUS

St. Laurence Parish warmly thanks the Knights of Columbus, who donated \$500 to our parish from its recent soccer ticket raffle. We are most grateful for your generosity to our parish family!

CATECHISM CORNER

2668 The invocation of the holy name of Jesus is the simplest way of praying always. When the holy name is repeated often by a humbly attentive heart, the prayer is not lost by heaping up empty phrases, but holds fast to the word and "brings forth fruit with patience." This prayer is possible "at all times" because it is not one occupation among others but the only occupation: that of loving God, which animates and transfigures every action in Christ Jesus.

CYO FOOTBALL REGISTRATION

We're excited to announce that registration for St Denis CYO JV and Varsity Football is **now OPEN through July 31st**. ALL PLAYERS must be 5th - 8th graders receiving Catholic Religious Education via parish school, private school or by attending parish Religious Education/PREP at St Denis, Annunciation BVM, Saints Colman John Neumann (SCJN), St Laurence, or Our Mother of Good Counsel (OMGC). Please register **BEFORE JULY 31st**:

www.stdeniscyo.org

Each year, the Catholic Charities Appeal of the Archdiocese of Philadelphia brings hope and vital resources to thousands of people in need—and St. Laurence Parish is proud to continue as one of its designated beneficiaries.

I invite you to prayerfully consider making a gift to this year's Appeal. Your generosity to our parish is already a true blessing—thank you! This is a special opportunity to extend that generosity by supporting the Church's outreach to the poor and vulnerable throughout the Philadelphia area. Give today at:

www.catholiccharitiesappeal.org/donate

Thank you for being part of this important work of mercy—and for supporting both our wider Church and our own St. Laurence community.

Yours in Christ, *Father Tom*

RETRouvaille WEEKEND:

REDISCOVER THE LOVE IN YOUR MARRIAGE

August 1-3, 2025

Some couples feel lonely, frustrated, or angry in their marriage, often feeling shut off from one another. Other couples experience severe conflict and never-ending arguments. Retrouvaille offers hope for all these marriages by teaching couples to communicate in a deeper, more meaningful way, healing hurts and rebuilding trust and intimacy. No relationship is beyond help. Malvern Retreat House, Malvern, PA. Visit

www.HelpOurMarriage.org

or call 215-766-3944 or 800-470-2230.

All inquiries are strictly confidential.



ST. LAURENCE SCHOOL

Principal: **Sr. Carolyn Elizabeth Braun, IHM**
saintlaurence.org
610-789-2670